



# SALAD GREEN TALKING POINTS

## 1. Introduction of Salad Greens

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## 2. A Slice of History about Salad Greens

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## 3. How do Salad Greens grow?

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## 4. What season do we pick Salad Greens?

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5. Vitamins and Minerals from Salad Greens

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6. How do you pick good Salad Greens?

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7. Let's try some Salad Greens! (instructions on what the students do next)

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